

Manifestation Weekend Audio 6– May 2006

By Joe Vitale

Joe: I am hoping that and I'm reminding ALL of you to be doing that too, because she's VOICED IT so we'd all have a SHARED experience. So, ALL of YOU, I hope, are doing what I am doing inside of myself, "I love you. I'm sorry. Please forgive me. Thank you." THAT'S the WAY TO MAKE THE DIFFERENCE! There is a certain amount of letting go and a certain amount of trusting to allow this to play out, however it plays out. We are not attached. All we can do is do cleaning and cleaning and cleaning and cleaning ALL of the beliefs ALLOWING it to be, going back to Source.

Pat: In MY case, I had a similar problem, it wasn't with my spouse. I had to BRUTALLY delete some people from my life. Now, no one can tell you, "You need to do this." But, it's that CHOICE. Do you want your NEW LIFE or do you want your old life? Do you want what works or what doesn't work? Now, you can choose to have what doesn't work. In MY case, again, from THEIR perspective I BRUTUALLY DELETED them. My life is better for it.

Male: [Inaudible]

Pat: A couple of them...I had to quit a band I was playing with on the weekends. One of the other performers said that I was selling “internet snake oil.” [Chuckling] I decided I did not need THAT kind of ENERGY in my life. So I NO LONGER PLAY with THOSE GUYS. Did I physically go up and say, “I’m deleting you from my life, because your energy is not good for me?” HELL NO!!

All: [Laughing]

Joe: Give him a BIG HAND everybody! [Clapping]

All: [Clapping]

Joe: THANK YOU, Pat. Thank you! He had NEVER given that talk before, because nobody’s ever asked him. I’ve talked to him about it for a LONG TIME, so once again, he FACED HIS FEARS because he didn’t know what he was going to say, he didn’t know how we would react, or what we would ask. But he just DEMONSTRATED what he has DONE in the past in creating ALL of his products going from a “nobody” in the internet world to having his own standing. He just demonstrated it again, HERE. Give him another hand!

All: [Clapping]

Joe: I think we should take a few minutes of a break, but please, let's keep it to five minutes or so this time. I mean a REAL EARTH LEVEL FIVE MINUTES!! Go to the bathroom, stretch; get your water or your coffee or whatever, because we're down to the last lap here as we reach the touchdown.

[Break]

Joe: They're YUMMY! Our FIVE minutes was up twenty minutes ago!

Audience: [Laughing]

Joe: Did you have a nice FIVE MINUTE break?

Audience: Yeah. We're good. We're eating!

Joe: [Chuckling] WHO CARES about TIME? Okay. That's right!

A few people asked about masterminds. Bill Hibbler and I have written a book on how to put together your own mastermind. DO ALL of YOU KNOW what a mastermind is? In essence, this is a mastermind right here,

this group of people all supporting each other, going for their goals. The group that WE are in, that Pat's in, that Craig's in, that I'm in, that Bill Hibbler is in, Nerissa is in, meets every Thursday LIVE and it's a CLOSED group NOW, because we've got a waiting list of people who would like to be IN it. But, you can put your own masterminds together. Bill Hibbler and I have a book coming out called, *Meet and Grow Rich: How to Easily Create and Operate Your Own Mastermind Group for Health, Wealth, and More* that will be out in mid-August. You might begin looking for it beginning of August or the end of August.

NO DOUBT that you will be hearing about it by EMAIL from us!

All: [Laughing]

Joe: [Chuckling] If you are on MULTIPLE LISTS, you will be hearing about it from Craig, from Pat, from Nerissa, from me, and everybody else. But that's something that you might want to put together because it's VERY SUPPORTIVE on a NUMBER of levels, not just a SOCIAL aspect. But, there's real LIVE ENERGY going on. There's real LIVE BRAINSTORMING going on. It's working on a number of metaphysical levels. [Short pause] Are you leaving? [Chuckling]

Unknown: [Inaudible]

Joe: Oh, I'm VERY SORRY that you are leaving. THANK YOU FOR
COMING!!

Audience: Bye! I love you!

Joe: SAFE trip!

Unknown: I love you! [Inaudible]

Joe: [Laughing] We WILL be closing at four and I know that some people have
already left and some WILL be leaving. I'll do my BEST to stop RIGHT
AT four o'clock. There are just a couple of things that I wanted to go over
with you.

So, one was the mastermind. I wanted you to realize the POWER of it. I
wanted to ENCOURAGE YOU to put one together yourself. It's not a big
deal. It's the matter of putting out the word that I want to host a
mastermind. We are going to meet LIVE. You can DO IT over the
PHONE, but I like them better meeting them LIVE, because this is SO
MUCH MORE POWERFUL IN PERSON, this kinetic energy that's
working here. It brings us to new levels.

So, you just put the word out that you want to put together a mastermind group and see who starts showing up. A lot of people won't come all of the time. You'll notice they'll fall off of the list, but you'll end up with a CORE little group and THAT will be YOUR MASTERMIND!!

But again, we are putting up a BLOG. That will be a type of MASTERMIND. I think we are putting up a *Yahoo! Group* of some sort.

Are YOU doing something?

Speaker: [Inaudible]

Joe: A mastermind shouldn't have any more than six people in it. Some of them have three, four or five, because the TIME constraint is, even though we all don't believe in time, if you take twenty minutes EACH to talk and there are more than six people you are there for HOURS! So, you DO have to look at that aspect of it.

We did...our mastermind had nine people in it at one point. We were essentially there ALL DAY and THAT IS TOO MUCH! Too much to be away from work, too much of a drain, nobody gets the respectable amount of time, you understand the whole thing. So, I would say five people or six people, somewhere in there. It may START with nine, but they are not ALL going to show up. You'll find out who's going to be the responsible

part of the group and all of that kind of stuff. But, the book will go into that, *Meet and Grow Rich* in late August.

ALSO...I've also had pointed OUT to me that the concept of PAYING THE PRICE for getting whatever you want, doing whatever it takes to get whatever it is that you want, and NOT SETTling FOR LESS than whatever it is that you want are ALL GOOD THINGS TO REMIND OURSELVES OF.

So, if it IS something that is really BIG and you really WANT IT and something LESSER comes along, and you are tempted to take it, you really have to ask yourself, "Am I SETTling FOR LESS BY TAKING IT?"

Because it MAY be a little TEST that the Divine or you, yourself, are giving yourself to see if I take the Honda instead, when he wants the BMW and FIND OUT WHAT YOU REALLY DO. You want TO HONOR YOUR WORD. You want to HONOR YOUR INTENTION. You ESPECIALLY WANT TO HONOR THE DIVINE! If you ARE getting inspiration and it's coming through to go in a particular direction HONOR IT, DO WHATEVER IT TAKES.

One of the things that I SO ADMIRE from Pat is that he just BLASTS FORWARD. He just takes those INITIAL STEPS that go in that direction, if it works out, he takes a few MORE steps that go in THAT direction and it's the same thing with following it towards ANY of the GOALS, or DREAMS, or INTENTIONS, or INSPIRATION that is coming your WAY!

So it IS an important little MANTRA.... is NOT TO SETTLE, "Don't SETTLE. Don't settle. Stay for what it is that you want." Suzanne wants something, either THIS PLACE or something LIKE this place, so if she sees something that's much smaller and not quite as close, she doesn't want to SETTLE for THAT! She wants TO OWN whatever it is that is coming through saying, "this is what I want." So, DON'T SETTLE.

Before I go through this one little process that I want to DO with you that I want to wrap up, I want to make sure that again, you are TOTALLY HAPPY. Now, I've got a CLUE that you're probably pretty happy...

[Chuckling]

All: [Laughing]

Joe: ...based on the ECSTASY that I've been seeing on EVERYBODY'S FACES. [Chuckling] But I want to make SURE that... is there anything

unsaid, undone, left on the table, something that I might have overlooked or not addressed? Oh...did you have your hand up? [Chuckling] Good, you keep your hand DOWN!

Amy: Joe, I want to say something and I don't want you to automatically dismiss that I am saying it. I had read recently that...I don't think it was something that YOU wrote I think somebody else, but I had read that when you are WITH SOMEONE who VIBRATES at a HIGHER LEVEL, that YOUR level COMES UP to MEET THAT PERSON.

You said...and I KNOW that I speak for EVERYONE when I say this, [crying] YOU KEEP SAYING, "You didn't even NEED me. I didn't need to BE here." THAT'S SO NOT TRUE! Because, EVERYONE IN THIS ROOM HAS BEEN IMPACTED BY YOUR VIBRATIONAL LEVEL AND WE HAVE ALL BEEN LIFTED UP BY THAT! So I want to ACKNOWLEDGE YOU for GOING OUT ON A LIMB, doing something you had no plan...well, sort of no plan, MOSTLY no plan...

All: [Laughing]

Amy: ...which HAD to be VERY UNCOMFORTABLE FOR YOU, but you DID IT ANYWAY. THIS IS THE RESULT -- WHAT'S HERE AND

WHAT YOU SEE ON EVERYBODY'S FACES, YOU CONTRIBUTED
TO THAT AND YOU SHOULD TAKE OWNERSHIP OF THAT!

All: [Clapping]

Joe: Wow! Thank you. [Pause] Anybody else? Did you have your hand up or not? You did? [Short pause] THANK you!! I don't know what else to say, unless it's, "Let's go home, now, " after that.

All: [Laughing]

Joe: Whew! Is there anything undone, unsaid, unstated, unfulfilled that I might have promised? Oh, Nerissa. [Chuckling]

Nerissa: You wanted me to mention what I mentioned at lunch earlier today. When Craig was talking and a couple of comments about, "Hey but you guys already know how to write and writing is hard or whatever...it takes time to write, be a good writers, to do your email list and all of that stuff."

I just wanted to REMIND EVERYBODY that you CAN also do VIDEO and you CAN also do AUDIO. In fact, I talked to a couple of people here about doing video and doing their products with audio. You can also email

THOSE as well. You don't have to write, you can speak it. Now I forgot what the other thing was.

Joe: You don't have to do writing in your emails. You CAN send out AUDIO and you can do the VIDEOS. There are OTHER avenues.

The other comment about the WRITING aspect is I'm a big disciple of Rudolph Flesch of *The Flesch Formula*. He wrote books like *The Art of Readable Writing* and *The Art of Flamed Talk*. These are books that came out in the 1950's and 1960's. MOST of his books are STILL in PRINT. He REALLY ARGUED very convincingly that the ONLY WAY to write is to write CONVERSATIONALLY. You are not trying to impress anybody. You are not trying to get an "A" on your paper. You are just trying to say whatever it is that you would say in YOUR words, in your OWN personality, in your own STYLE. That MAY BE in sentences that somebody else that thinks that they are twisted or run on or too short or any number of ways that they would judge them. So, when you COME FROM... as Craig was talking about in HIS particular talk... when you are coming from YOURSELF, your AUTHENTICITY, you are expressing YOUR PERSONALITY and that's what people want to hear from. They want to hear from YOU, your BEING. So don't get hung up on writing that it has to be a particular way. The ONLY way that it has to be is the way that YOU would EXPRESS IT.

So, I would suggest that you read Rudolph Flesch's books *The Art of Readable Writing* is the one in particular. I think there's one where they COMBINED ALL OF HIS WORKS together in a small paperback that is maybe called *Scientists Must Write: A Guide to Better Writing for Scientists*. Do you know off hand? But I'm in the ball park. You can find it pretty easily with that. I think the last name is F-l-e-s-c-h, Flesch. R-u-d-o-l-p-h, Rudolph is the first name. The man was a genius. I am VERY much a disciple of his when it comes to EXPRESSING YOURSELF EASILY, EFFORTLESSLY and in expressing JUST your personality.

The thing that I would like to do FINALLY is something that I did in a group setting in 1983. I had studied the OPTION PROCESS. It's now called, "The Option Method." The option process / option method is a way to QUESTION BELIEFS. It was created by Bruce DiMarsico and actually was publicized by Barry Neil Kaufman and his wife, Susie.

Now, how many of you are familiar with Barry Neil Kaufman...the Option Institute? They're MOST famous for HEALING AUTISTIC CHILDREN. They had their FIRST autistic child when they went through the whole medical community and the medical people said, "There is no cure for autism. We can put them in a home of some sort. This is your throw away child, don't worry about him, you have other healthy kids." They DID

NOT ACCEPT THAT. They did NOT accept that. They practiced UNCONDITIONAL LOVE. They sat with that child every day twelve hours a day, working in shifts, for something like seven years and ALL they did was mirror what that child did. So, if that child sat there and spun his arms all day, they sat there with him and they spun their arms.

AFTER seven years, there was NO sign of autism whatsoever! They've gone on and PRACTICED THIS, which is basically just LOVE. It's just practicing LOVE AND TOTAL ACCEPTANCE to THOUSANDS OF AUTISTIC children. I don't know what their cure rate is, but it's way near 100 percent. I went and studied with them back in the early 1980's because I wanted to know their belief questioning process. It's a way of questioning the beliefs that surface...VERY SIMPLE. I write about some of my experience with them in that book that you all now have, called *Adventures Within* – that one with the bizarre orange cover, the psychedelic cover on it. One of the chapters is about my time with the Barry Neil Kaufman, Susie, and the Option Institute.

So, when a negative belief comes up or something that doesn't quite SERVE YOU or you are wondering where it comes from, you are asking some VERY simple things, but from a place full of love and detachment. You are asking things like, "Do I believe that?" If you get a, "No," that you DON'T BELIEVE A BELIEF then you are pretty much DONE with

it. But if you get a “YES, yes I DO BELIEVE THAT,” then you start to question, “Okay, WHY DO I BELIEVE THAT?” You pretend that you are a detective and what you are doing is you are exploring your beliefs.

Now, that’s what I went there to be TRAINED in. AFTER the training, the night before we were to leave, we had what was called the gratitude night. I have NEVER to this day, forgotten THE GRATITUDE NIGHT. We sat there and for three HOURS we took turns saying what we were GRATEFUL FOR! NOW, you’ve GOT to imagine what the ENERGY LEVEL WAS in this room, because when you just focus on NOTHING but love, acceptance, and gratitude...I’ve got CHILLS going up and down my spine as I revisit this in my own MIND. IT was OFF-THE-CHARTS almost UNBEARABLY WONDERFUL!!

So, what I would LIKE to do HERE is to have EVERYBODY, “Tell me ONE THING THAT YOU ARE GRATEFUL FOR.” It COULD have been from this weekend. I would LIKE it if it came from this weekend, but it doesn’t HAVE to be from this weekend. It could be over this past week. Some of you have told me, in private, some things that have already SHIFTED and that you are grateful FOR IT.

But what I would LIKE TO HEAR is just ONE THING that you are grateful for. It could be as simple as THE FOOD. You are grateful for the

food. It could be THE Place. It could a person. It could be an INSIGHT. It could be the strawberries. It could be ANYTHING, ANYTHING. All I want to hear is at least one thing FROM YOU that you are GRATEFUL for! I will begin.

I AM TOTALLY GRATEFUL FOR ALL OF YOU BEING HERE. I am moved to virtual tears...they're not VIRTUAL. [Chuckling] They may be REAL here!

Audience: [Chuckling]

Joe: ...TRULY MOVED. Each and every one of you has TOUCHED ME. Talk about pulling in or attracting the RIGHT place at the RIGHT time at the RIGHT moment for ME personally. Whew! What a RIDE this has been! To go from, as you all know, not knowing or not even WANTING to DO a Manifestation Weekend. It's like, "NO! Take that to somebody else, and DOING IT. Putting out an email that was not so WELL judged, but has been WELL RECEIVED and caused you all to COME and then not knowing how this would all play out. To see it play out in the MOST...I could not have PLANNED IT!

I could not have planned THIS! If I had TRIED to plan this and orchestrated it and made up a schedule and told Suzanne we are going to

start and stop at these certain times, and give you “Craig goes on at 15:01” at whatever time... I would have DESTROYED the INSPIRATION that was trying to come through. By LETTING THIS PLAY OUT, it has turned into something SO MAJESTIC, SO WONDERFUL that I can barely describe it. I AM GRATEFUL for ALL OF YOU! THANK YOU for COMING! Craig, do you want to go next?

Craig: Alright, if I choke up, it’s HIS fault. [Laughing] I AM REALLY GRATEFUL for EXACTLY what he just left off with was that he DID what he just said and put together something. Because the LESSON FOR ME from this weekend WAS that you CAN BE entirely SPONTANEOUS and actually CREATE a BETTER RESULT than if had you stressed out and done all of that stuff. For ME, THAT was a breakthrough to really SEE IT and GET IT. It’s right where I am at right now. So, that he HOSTED this and did what he just said, and actually put it all together and took it upon yourself and all the fitting it in and really bringing the KNOWLEDGE, which I think is VERY CUTTING EDGE and LARGELY NOT KNOWN ABOUT, into this environment for all of us to share so that now each one of us can take this away and apply it to family and business, whatever AREA. You’ve CHANGED LIVES!!

So, again, I want to say thank you, specifically for the UNDERSTANDING, out of spontaneity can come something beautiful

without all of the things that we THINK we have to do, it's just THERE!

So, thank you!

Aimee: I am GRATEFUL for ALL OF THE PEOPLE who have given me the most AMAZING tools to help our THREE YEAR OLD who's having...
[Crying] He's had a REAL tough life, even though he's really little. On Monday we find out if he has to have his surgery or not and it's been really HARD on everybody.

I am so GRATEFUL to learn these things that I can still be PROACTIVE ABOUT to change the course of his life that things...just more wonderful than what we've been through so far. So, just THANK YOU EVERYBODY!

Rita: First of all, I'm very grateful for BEING here. I wanted to come to THANK Dr. Joe Vitale, because I've never even HEARD of him before.
The book kind of FELL OFF a BOOKSHELF and...

Audience: [Laughter]

Speaker: ...I LIKED THE TITLE and so I bought it! That was, I think, five months ago. My life HAS changed since. I wanted to come to THANK YOU for

GIVING ME THE GIFT. I am very grateful for that and, of course, then for the weekend, also.

It's the FIRST TIME that I had VOICED a dream for close to two decades. I THANK YOU ALL for being such good friends and especially for PROVIDING ME the SAFE SPACE for me to let my dream live OUT LOUD as opposed to just living in my own head. So, THANK YOU for giving it LIFE! Thank you.

Luis: Well, please be PATIENT with my English. I am STRUGGLING with it. It has been an amazing experience for me. I was very expecting to meet Joe. He's a very TALL man. I admire him without, before knowing him. He has taught me a lot of things. I want to tell you that when I arrive here, I feel very strange. It is not my country [Luis traveled to the U.S. from Mexico]. It is not my way of being, but I QUICKLY start to feel a CALM. I really feel I am family now. It has been a GREAT experience for me. I want to tell you that I was trying to imagine how each of you were [chuckling], the only one that I imagined quite like he is, is PAT. [Laughing]

Audience: [Laughing]

Luis: Craig, I imagined you very different. It's a big surprise for me really, I tell you.

All: [Loud Laughing]

Luis: A BIG, GOOD surprise! I am...well, I don't know how much more to say. It's a WONDERFUL time for me. I want to tell him that I have my little daughter, she two now. She has a RARE illness called ITP, but I am VERY CONFIDENT that she will do it fine. I ask you to be confident. You will travel through this very well. Thank you for EVERYTHING, throughout.

Debra: Anyway...it was SO FUNNY, because I used to go to events with people. When I'm in the front of the room and I was speaking to people, they all opted in. So, it was really easy to sit like he said, to stand in front of a group of people that OPTED IN.

I had NEVER REALLY gotten out and really got to KNOW PEOPLE like I did here. She said, "Well you'd NEVER know that by how you interacted with everybody." That's because everybody here...it was absolutely an AMAZING group of people, how you all OPEN UP and SHARED. So, I'm really grateful for that opportunity and that connection.

Yesterday was the most AMAZING experience to completely be in the NOW with NOTHING in my mind except for the PRESENT MOMENT for an ENTIRE DAY! [Chuckling] That was an AMAZING experience to walk out of here with and to really know that when you are REALLY THERE IN THE MOMENT that you can REALLY CONNECT WITH PEOPLE. If you think about it, if you were to hold yourself in that space, how many people would actually be DRAWN to you, because that's MAGICAL, absolutely MAGICAL!!

That's what we were talking about at lunch today with Craig, is that people really...everything is so PLASTIC that when they find something REAL it makes a difference in their lives. That's the NEAT THING about you, Joe, no matter what SUCCESS you have I don't think it's going to CHANGE YOU. We are REALLY, REALLY GRATEFUL for THAT.

So THANKS for putting yourself out on a limb. It's FUNNY to me, I would notice you say, "I know that's crazy!" I'm thinking when is he going to quit saying, "I know that's crazy"? The next thing that I hear you say is, "And Dr. Len goes 'I know that sounds crazy.'" [Chuckling] Because NONE OF US... this whole entire weekend thought ANYTHING was CRAZY.

Jon: Boy...two things: one is for you guys being really COOL and putting up with me asking a lot of abrasive questions. I hope that it came out the right way. I wanted to THANK EVERYONE for TEACHING ME SO MUCH, more than...about things that are external and internal. Joe, you are an EXTREMELY ACCESSIBLE MAN. Craig - the same. Pat - the same. Everybody here has been so accessible and so kind. It's really hard to put that into words, but THANK YOU. The other thing was that for someone like Aimee to come OUT and to SHARE this time. THIS kind of people that are in this room, it just amazes me.

Mathes: I'm really sitting here thinking that everybody's been saying it SO WELL. I feel really grateful for everything that has actually happened in my life probably up until now. I HAVEN'T LIKED a lot of it.

But what I really SEE is when I come into a group like this, that there IS this wonderful community that gets CREATED as people just HANG in there and JUST TALK. I'm really grateful for...as I said, I feel like I was really meant to come. I put it out there and then that email came over. It worked out...Suzanne was just a DREAM with all of her good work and connecting Debbie and I together and things that weren't supposed to work, just worked out SO AMAZINGLY. We had some interesting things.

I am very thankful for that and thankful for Craig and Pat, as well as speaking. Everything was really great, because for me, what it made me feel like was, “Gosh, you know, I CAN DO THAT. I CAN! [Deep breath] I REALLY CAN DO THAT!” That’s really worth it! So, THANK YOU VERY much!!

Raul: The thing that I am most grateful for is that there IS a JOE VITALE. That he had the wherewithal to ANSWER the CALL from the DIVINE and be able to allow ME to participate with ALL of the people in the ROOM.

The warmth, the emotion, the energy, the vibrations, the laughter, the humor, ALL of the different sides that people have allowed me to SEE can only help ME because God knows I need help!

Pat, Joe, the Perrine’s, I am grateful for EVERYTHING that you guys have contributed, not only to the weekend, but I thank the group as a whole, and from my selfish point of view, specifically ME. THANK you.

Donna: I THANK YOU ALL for the CO-CREATION, because it reminds me that my heart’s desires are already a reality. So, thank you.

Amy: Well, as I think I’ve told most of the people here, I’m eleven weeks pregnant and [crying]...I’m just really grateful that the baby could be here,

too, because I know that everything that I'm CLEANING is cleaning for HIM TOO and that's like PHENOMENAL.

I'm really grateful for an insight that I got while Pat was talking or not talking or handing off the mic or whatever it was that he DID, where there's ONE thing...there's just ONE THING that's NOT WORKING that I can't let go of. I REALLY didn't think that I was attached to it, but what I got was I CANNOT picture my LIFE with EVERYTHING WORKING! I can't picture a life where everything works! So, of course, I'm attached to ONE THING that I can't just fix, because if I FIX that, everything would work.

That was REALLY PROFOUND!! That was a HUGE REALIZATION. So, OBVIOUSLY I have some WORK to do and visualizing a life where everything WORKS, and that's a pretty DAMN BRIGHT FUTURE!!!

All: [Laughing]

Amy: So, I'm really grateful for that!

Woman: You could have something breakdown, like a refrigerator.

Amy: Okay, I could take that. [Chuckling]

Evelyn: Well, I'm not going to repeat what we've heard so far, because I'm VERY grateful for every single one of you here! Oh...[tears] but I LOST MY MISTRUST and I am so GRATEFUL for that. Did you HEAR THAT?

Chris Se. : Well, I'm also going to avoid the repetition of all of the themes, but I just... I MIRROR ALL of these things that have been said. MOST of all, I am grateful for the SAFTEY that's in this room for us all to EXPLORE these topics that definitely are not typically SAFE outside, OUT THERE! That took a LOT of COURAGE. Joe, I thank you DEEPLY for that. Then, hearing all of the other points of view shared here really just made it an AMAZING, unfathomable weekend for me. Thank you.

Chris Sh.: I am very grateful for Nancy and Joe. I was pretty depressed at the end of last year. I am part of the Peace Movement, I guess, in San Antonio. I was called Anti-American several times and it kind of got to me. But, I met Nancy... when I was not the most positive person on the planet. Then I found out about Joe and we went to the Ho'oponopono, which took me two days to pronounce correctly...

All: [Laughing]

Chris Sh.: [Chuckling] ...event at the end of February together. He was the ONLY person that I met that was REMOTELY interested in any of this stuff in the town of San Antonio. After the event, which was lovely...great view...great conversation...had a WONDERFUL time, we [referring to Nancy] end up in the bar until three thirty in the morning talking and shortly thereafter, DATING! So I am very grateful, because I was actually thinking of moving to VEGAS believe it or not, because I was very negative about San Antonio. I thought it was full of a whole bunch of red necks and that I had made a BIG MISTAKE moving there. But NOW I am actually VERY HAPPY about being in San Antonio, because I have NANCY. I have the River Walk. I am very close to Joe Vitale's home base. He throws lots of things going on in Austin, which is just a very short drive to lovely Austin.

So, I'm very, very grateful to BOTH of you. It's really turned my life around and I have lots of INTERESTING prosperity consciousness things that I am manifesting. Thank you very much.

Nancy: I'm not going to just say one thing, sorry. [Chuckling] I want to thank Joe for MANY, MANY THINGS, but most of all for opening yourself here in a way that apparently you have never done before and for not only doing that because that's what I saw in you in the beginning and I knew what you were going to do that this weekend, but that your COURAGE doing that is

changing everyone here and everyone in the world. The same thing for everyone here...for opening up and being the POWERFUL BEAUTIFUL BEINGS THAT YOU ARE. I think that what we've done here didn't just affect us. It has affected everything in the world. I am very GRATEFUL for the AMAZING presence of the Divine that's in my life and here. One of my many realizations this weekend is that I'm never, EVER going to settle for less. I had just written that down when you said that, like two minutes before in my journal. Most of all, I'm very, very grateful for Chris because I'm never, ever had anyone support me and believe in me and have the kind of things in common that we have.

Wendy: Okay. I started to tear up somewhere mid-over there.

All: [Laughing]

Unknown: [Inaudible] Me too!

Wendy: This weekend has come at a time in my life where it's kind of at the TALE END of a pretty serious CRISIS in my life. I've been in business, in THIS particular business, for fifteen years. I've worked real hard.

I got that one million dollar contract! It was a two year contract and then in the second year of the year in the contract, there are a couple of people at

the big oil company that decided, “Oh, well, it’s not so important to honor that contract.” Of course, it was after I’d committed to a number of things. So, they...the two of them, I guess, double-handedly just about brought my business down. I went and made them employees to ME and moved into my house and went through a very SEVERE mid-life crisis.

So, it’s just been about the past couple of years is getting my emotional health BACK together, getting my physical health back together. I wrote an ebook during the process when I wasn’t sleeping. In the past six months, have been feeling the physical condition that came up from very severe stress. So I’m at the point right now where it was when I saw this email it was like, “Gosh, should I spend the money?” There was really no question as to what the answer was! I immediately DID. It was SCARY to do it. I just knew that I had to be here.

So, I’m at a point in my life where it’s just pretty much time to turn things around like NOW. I have every faith and confidence that I will. This is a VERY PERSONAL thing to talk about, but I look forward to writing a book about everything that happened, because I know that sometimes I’m not TRUTHFUL.

I know that my life has been about healing from my childhood. That’s why my adult life has been the way that it has been. I’ve worked real HARD for

almost seventeen years, just clearing and getting out all of that stuff that created everything in my life. So, I KNOW that my purpose is to write this book about my experience, how I healed, how I got to where I am now, and where I am going. I've never really...this is...I REALLY appreciate letting all of you letting me say this. Obviously, I must feel comfortable CRYING in front of you, and that's not usually what I do! So, thank you to everybody. Thank you to Joe. Joe spoke at a breakfast club of mine in the late 1980's or early 1990's in Houston. I was in that club for twelve years and it was the most bizarre thing, but he's the ONLY person who I ever remembered in all those twelve years. I don't understand it.

But two years ago, I decided I wanted to write an ebook. I went into Starbucks and saw somebody who I knew and I told him what I wanted to do. He said, "You need to go to Dr. Vitale's website," which I did. Since I've got on Joe's email list, I've gotten on everybody else's email list and have read and bought products and continuously have worked on myself. I just want to say thank you to all of you who are here today. I look forward to connecting.

Claudia: I'm really, REALLY grateful to you, Joe, from the bottom of my heart, thank you. This is the first time I've cried in front of a group, too, and I'm fifty-seven. [Chuckling] SELDOM, have I been around anybody whose energy is like yours. You talk about clearing. I reckon you've done a lot,

mate! [Chuckling] You're really amazing! That is, it's amazing that your ego is where it is, having done all of that and with all these acolytes, I think you are amazing! It's just been GREAT to be around you. I love the rest of you. You are WONDERFUL people. I feel FANTASTIC with you ALL. It's just been great. I'm not American, but you are a PARTICULAR great lot! [Chuckling]

All: [Laughing]

Suzanne: Well, I don't really feel like crying, so can I just send you all an email?
[Laughing]

All: [Laughing]

Suzanne: Let's see if I can get through this... I'm just incredibly grateful for the non-stop insights that I've had all weekend long and the NEW friendships that I've been developing all weekend and re-connecting with the old and actually having DOWN TIME and GIRL TIME, which is RARE for ME these days.

I'm grateful for the beautiful surroundings and that this all worked out, because Joe and I were like, "Where are we going to HAVE this thing?" We DIDN'T KNOW! But, we DIDN'T worry. We didn't stress. We

just...like Pat... we took it one step at a time. We kept running into one closed door after the other. There's SO MUCH to be said to, "Just let go."

So, here we are. We let go and we are in a gorgeous setting. I'm grateful that everybody had a room to stay in and that everybody got here safely. There's just so much to be grateful for. I thank everybody for coming to this event. Thank you!

Pat: Well, I get to say "Thank you" to Joe a LOT. I'll say it again, "Thank you!" The ONE THING that I am the MOST grateful for specifically is the meditation technique. I've been looking for a new one. That one works very well. I like that the fact that you can anchor it and then put yourself back in the state. It's a cool thing. Thank you!

Betsy: Okay. I'm...Thank you, Joe, first for letting me come here. I really do appreciate that. Thank ALL of you! It's just been remarkable for me to look in your eyes and for me to let me see who you are. That's made me bigger! I appreciate that very much. Thank you.

Suzanne: This is just a "P.S." Nancy, I wanted to thank you for the gorgeous flowers and for thinking of Joe and Nerissa and I and just for being so incredibly thoughtful. It speaks volumes about the kind of person you are. Thank you! I love my flowers. They are gorgeous. They made my husband realize that he needs to do that more often! [Chuckling]

All: [Laughing]

Woman: I am VERY GRATEFUL for meeting everyone here and actually being able to spend TIME with everyone here. I think THAT was absolutely amazing. So, I feel like I've made a whole bunch of new friends and I know that we can continue online and by phone and by email. I'm just very, very thankful for that. I'm thankful for being invited to come here this weekend by Joe. I'm very thankful for the wonderful place that you guys found. I'm very thankful for.... [Audio ended]